



Beefy Barley Stew

Makes: 50 Servings

50 Servings

Ingredients	Weight	Measure
Beef, ground 90% lean	3 pounds	
Barley		6 1/4 cup
Chili powder		6 1/4 Tbsp
Salt		9 1/2 tsp
Black pepper		

Celery, raw	12 1/2 stalks
Carrots, raw	12 1/2 medium
Potatoes, raw or frozen	12 1/2 small
Catsup	1/4 cup
Water	1 1/3 cup

Directions

1. Brown ground beef in 20-quart stock pot.
2. Pare potatoes and cube.
3. Rinse carrots and celery, slice.
4. Drain ground beef. Return to stock pot.
5. Add vegetables and remaining ingredients. Bring to a boil.
6. Reduce heat to a simmer. Cover and cook approximately 45 minutes or until carrots, potatoes, and celery are tender.

